



ALGOMA SPECIALIZED GERIATRIC SERVICES
REFERRAL FORM
FAX: (705) 759-7997

Demographic Label

Please contact: ☐ Client ☐ Alternate Contact

If not indicated, only the client will be contacted.

Please check the requested service(s): (Service details provided on reverse) * *Physician or Nurse Practitioner referral required for service*

SAH Seniors Mental Health Services **SAH Algoma Geriatric Clinic**

☐ Geriatric Mental Health Services

☐ Geriatric Medicine *

☐ Geriatric Psychiatry Consult *

The client needs will be assessed and the referral may be redirected to the most appropriate of the above listed services based on information gathered.

CLIENT INFORMATION

Last Name:		First Name:		Gender:	Preferred Language:
Address:		City:	Postal Code:	Phone:	Age:
Health Card:		Version:	Living Situation: <input type="checkbox"/> Lives Alone <input type="checkbox"/> With spouse/family <input type="checkbox"/> Long Term Care <input type="checkbox"/> Retirement Residence <input type="checkbox"/> Supportive Housing <input type="checkbox"/> Other		

ALTERNATE CONTACT INFORMATION

Alternate Contact Name:	Relationship to Client:	Phone Number #1	Phone Number #2
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REASON FOR REFERRAL

If urgent (within 4 weeks), please call the clinic directly:

SAH Algoma Geriatric Clinic
(705) 759-3434 ext. 6970

SAH Seniors Mental Health
(no urgent referrals)

Reason for referral:

Please include/attach a detailed description and relevant clinical history:

Physical Health:	Mental Health:
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Concerns:

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Memory loss or new cognitive impairment | <input type="checkbox"/> Caregiver stress/fatigue | <input type="checkbox"/> Multiple ED visits or hospitalizations | <input type="checkbox"/> Depression or anxiety |
| <input type="checkbox"/> Complex medical problems | <input type="checkbox"/> Lives alone/limited social support | <input type="checkbox"/> Medication concerns or polypharmacy | <input type="checkbox"/> Hallucinations/delusions |
| <input type="checkbox"/> Recurrent falls or new mobility impairment | <input type="checkbox"/> Unintended weight loss/nutritional concerns | <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Changes in behaviour/personality |
| <input type="checkbox"/> Functional decline | <input type="checkbox"/> Incontinence | | <input type="checkbox"/> Mood changes/other mental health concerns |

Please attach the following (if available):

- | | |
|--|--|
| <input type="checkbox"/> Related consult notes | <input type="checkbox"/> CCTs, x-rays, MRI, ECG, ECHO, BMD, PFTs |
| <input type="checkbox"/> Medication list | <input type="checkbox"/> Cognitive and mood screening |

Does client have a valid driver's license? ☐ Yes ☐ No
Is client presently driving? ☐ Yes ☐ No

REFERRING SOURCE INFORMATION

Name (please print):	MD/NP Signature (required with exception of SMHS):	Date of Referral (yyyy/mm/dd):	
Organization:	Billing number:	CPSO/College number:	Phone: Fax:

Primary Care Practitioner (if different than referring physician):

Community agencies with whom client is active:

- | | | |
|---|---|---|
| <input type="checkbox"/> Home & Community Care NE | <input type="checkbox"/> Canadian Mental Health Association | <input type="checkbox"/> Community Paramedicine |
| <input type="checkbox"/> Alzheimer Society | | <input type="checkbox"/> Other: |

NOTE: This is a CONTROLLED document as are all files on this server. Any documents appearing in paper form are not controlled and should ALWAYS be checked against the server file versions (electronic version) prior to use



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Sault Area Hospital Seniors Mental Health Services

Interdisciplinary Clinician-Led Team

Serves older adults with:

Complex needs associated with late onset or worsening mental health problems due to aging or geriatric complexity.

Catchment area:

Algoma and Northern boarder of Algoma (on rare case) virtually via OTN.

Provides home/community visits including Long Term Care visits.

Referrals accepted from anyone.

Exception: Physician or Nurse Practitioner referral required for Geriatric Psychiatry consultations.

Services:

Geriatric Mental Health assessments and recommendations.

- Provide holistic assessment using standardized tools to assess older adults with complex mental health needs
- Address mental health concerns that may be affecting independence, activities of daily living, safety and relationships
- Provide short term support and education (Nursing, OT and Social Worker support services)
- Collaborate with client, caregivers, community agencies and health care providers
- Geriatric Psychiatry consultation for diagnosis and treatment recommendations (Only by NP/Physician referral)

Group Sessions:

- Cognitive Behavioral Therapy (CBT)
- Blues Busters
 - *(Please note that these sessions are not on-going therapy and only provided upon post-consultation recommendation)*

Disclaimer: Due to high demand, new clients may be subject to a waitlist.

Local offices:

Algoma Geriatric Services Office
341 Trunk Road
Sault Ste. Marie

Sault Area Hospital Algoma Geriatric Clinic

Geriatrician-Led Interdisciplinary Team

Serves older adults with:

Multiple and/or complex medical and psycho-social problems and possibility of decline in function and loss of independence, unmanaged geriatric syndromes.

Catchment area:

Algoma.

**Provides home visits.
No LTC visits.**

Physician or Nurse Practitioner referral required for service.

Services:

Comprehensive Geriatric Assessments (completed by Geriatrician).

- Multidisciplinary diagnostic and treatment
- Identify medical, psychosocial, and functional limitations
- Provide coordinated treatment plan

As needed:

- Comprehensive medication review (by referral and as pharmacist available/staffed) shared with primary care
- Interdisciplinary intervention including OT and PT support services
- OT home safety assessment
- Support services with Social Worker (not on-going therapy);
- Fitness to drive

Communication with and referrals to community care partners, follow-up with patients, reporting and collaboration with referring providers and community services, case management and go between for follow-up appointments.

Frail to Fit Program (after consult, as recommended)

- A multi-component group based falls prevention program developed according to best practices in falls prevention. Classes are led by the interdisciplinary team including a Physiotherapist and Occupational Therapist (exercise component + education component).

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Local offices:

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341 Trunk Road
Sault Ste. Marie

Algoma Specialized Geriatric Services