

## Guidance for SAH Enhanced Visitor Restrictions – Effective July 26, 2021

This table provides guidance to Sault Area Hospital (SAH) for visitor access. This document does not distinguish between family, friends or privately paid supports. The acceptability of a visitor should be determined with the patient at admission and individual patient circumstance.

This document recognizes the integral role that visitors play in providing physical, social, emotional and navigation of care. Visitor presence and participation has been shown to improve satisfaction and outcomes without additional risk. There is evidence to demonstrate that family presence improves the quality of life and results in better outcomes and the patient care experience. Please note, visitors who are exempt from wearing a mask will no longer be permitted for in-person visits. SAH will accommodate virtual visits in these circumstances. These visitors are asked to contact the appropriate nursing unit to arrange these virtual visits.

SAH remains committed to the safety of our community, our patients, and our people, by closely monitoring COVID-19 developments within our community and making decisions based on best practices.

Patient Type	Visitor Guidance
<b>COVID-19 Suspect or COVID-19 Confirmed Patients</b>	<p><b>No Visitors</b></p> <p>Exceptions may be made if the person provides support for:</p> <ul style="list-style-type: none"> <li>• a vulnerable patient (under the age of 18, cognitive impairment, significant developmental and/or intellectual disability, unable to effectively communicate)</li> <li>• a patient at the end of life</li> </ul>
<b>Emergency Department</b>	<p><b>No Visitors</b></p> <p>Exceptions may be made if the person provides support for:</p> <ul style="list-style-type: none"> <li>• a vulnerable patient (under the age of 18, cognitive impairment, significant developmental and/or intellectual disability, unable to effectively communicate)</li> <li>• a patient experiencing a life-altering event (end of life, critically ill, trauma)</li> </ul>
<b>ICU</b>	<ul style="list-style-type: none"> <li>• 1 person per patient with 1 alternate</li> <li>• 3 days a week <ul style="list-style-type: none"> <li>○ Visiting hours: 1300 - 1800</li> <li>○ Visiting hours: 2000 - 2200</li> <li>○ 2 hours at a time</li> </ul> </li> </ul>
<b>Women &amp; Children's Health Program</b>	<ul style="list-style-type: none"> <li>• Labour: 2 people - second person to come only once patient admitted—no visitors in Triage.</li> <li>• Post-partum: 1 visitor at a time (not to include the support person) - siblings are allowed only 1 at a time and accompanied by support person.</li> <li>• Pediatrics: 1 parent for day surgery <ul style="list-style-type: none"> <li>○ 1 visitor at a time (not including parents)</li> <li>○ Only 1 parent to stay overnight</li> </ul> </li> <li>• NICU: 1 visitor at a time accompanied by a parent- including siblings over 12.</li> </ul>

<b>General Medicine/ Surgical Departments / Post Acute / Mental Health</b>	<ul style="list-style-type: none"> <li>• List of 5 potential visitors</li> <li>• 1 visitor daily per patient - no time limit - can not come and go from hospital</li> <li>• Visiting hours: 1000-2000</li> </ul>
<b>Long-term Palliative (unable to go home)</b>	<ul style="list-style-type: none"> <li>• List of 5 potential visitors</li> <li>• 1 visitor daily per patient- no time limit- can not come and go from hospital</li> <li>• Visiting hours: 1000-2000</li> </ul>
<b>Palliative - End of Life</b>	<ul style="list-style-type: none"> <li>• List of 10 potential visitors</li> <li>• 2 visitors at a time - if in a private room - family will need to coordinate times and trade off</li> <li>• May visit at any time and stay overnight</li> </ul>
<b>Outpatient Clinics</b>	<p>Each outpatient may bring one support person if the person provides support for:</p> <ul style="list-style-type: none"> <li>• a vulnerable patient (under the age of 18, cognitive impairment, significant developmental and/or intellectual disability, unable to effectively communicate)</li> <li>• a patient at the end of life</li> </ul>

### Expectations for Designated Visitors:

- Please be aware that visitors from outside of Ontario must follow all travel restrictions and public health measures when coming to Ontario. [Canadian COVID-19 Travel Guidance](#)
- Nurse admitting patient will consult patient or POA for list and give it to UA—this will be entered in daily alerts.
- The list of visitors will be at the desk for the visitor to sign in and the UA will mark off the visitor that visited for that day.
- Visitors with illness symptoms will not be permitted to visit.
- Visitors must enter through the main lobby for their scheduled visit.
- Visitors must check in with the door screeners. In addition, **all visitors must sign-in** at the nursing station on the unit, in the event that contact tracing is required.
- Visitors must follow instructions given by staff; failure to follow instructions may result in a visitor being asked to leave the hospital.
- Visitors are reminded to maintain 2 metres or 6 feet of physical distance with the patient and others at all times.
- Visitors and patients are not permitted to wander on the unit or leave the unit; including accessing common areas of the hospital.
- Visitors must wear masks at all times while in hospital and must wash their hands when entering and leaving a patient's room. Please note, visitors who are exempt from wearing a mask will no longer be permitted for in-person visits. SAH will accommodate virtual visits in these circumstances. These visitors are asked to contact the appropriate nursing unit to arrange these virtual visits.
- The care team will work with patients to establish an appropriate visiting schedule for the Designated Care Support person for long-stay patients.

**Note\* Should assistance be required for making a decision regarding visitation, please consult with the department leadership team.**