

# **COMMUNITY RESOURCES**



**‘HELPING YOU PROVIDE THE  
PROPER SERVICES FOR YOUR  
PATIENTS  
OUTSIDE THE HOSPITAL’**

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## CLOTHING, FURNITURE & HOUSEHOLD ITEMS



Name	Phone	Description of Services	Notes
Back to School Allowance (Ontario Works)	759-5266	Provides families with children an allowance to assist them in purchasing clothing and school supplies.	540 Albert St. E. Mon-Fri 8:30am-4:30pm For OW recipients with children under 18yrs old.
MJ's Second Time Around	946-6249	Gently used clothing, furniture and small appliances.	178 Gore St. Tuesday-Friday 9:30am-5pm Reasonable prices
Salvation Army Thrift Store	759-4143	Gently used clothing, furniture and small appliances.	78 Elgin St. Tuesday-Friday 10am-4pm Reasonable prices
Value Village	256-1801	Gently used clothing & household items. Reasonable prices.	248 Northern Ave. Mon-Sat 9am-9pm Sun 10am-6pm
Vincent Place Thrift Store (St. Vincent De Paul Society)	253-6577	Used clothing, shoes, furniture, and appliances, etc. Reasonable prices.	322 Cathcart St. Wed-Fri 10:30am-3:30pm Sat. 10am-3pm

## CLOTHING, FURNITURE & HOUSEHOLD ITEMS



Name	Phone	Description of Services	Notes
Clothing Table (First Baptist Church)	253-8711	Gently used clothing for individuals/families in need. Free-on a first-come first served basis.	465 Albert St. E. September-May Tuesdays-doors open at 9am.
Soup Kitchen Community Centre	942-2694	Gently used clothing & household items. Free.	172 James St. Mon-Fri 10am-4pm
Winter Clothing Allowance (Ontario Works)	759-5266	Provides families with children under the age of 18 with an allowance to purchase winter outerwear and other accessories.	540 Albert St. E. Mon-Fri 8:30am-4:30pm For OW recipients with children under 18yrs old.

## NOTES

## **NOTES**

## EMERGENCY FINANCIAL ASSISTANCE



Name	Phone	Description of Services	Notes
Community Assistance Trust (CAT) Assisted Services –ONE TIME EMERGENCY	541-7327	A ONE-TIME emergency service for financial assistance, information and referrals to other agencies. (For people not served through Ontario Works/Ontario Disability).	Access by phone only. Mon.-Fri. 8:30am-4:30pm
Ontario Works (Emergency medical/dental services, special diets or special assistance that may include burial and travel costs)	759-5266	Accepts requests from individuals & families that need emergency assistance (financial for basic needs/shelter)	540 Albert St. E Mon.-Fri. 8:30am-4:30pm
Medical and Health Benefits (Ontario Works)	759-5266	Provides medical & health benefits to individuals/families receiving assistance. (OW recipient)	540 Albert St. E Mon.-Fri. 8:30am-4:30pm



## EMERGENCY FINANCIAL ASSISTANCE

Name	Phone	Description of Services	Notes
Referral to Ontario Disability Support Program (Ontario Works)	759-5266	Individuals receive financial support from Ontario Works while waiting for a decision from the Ontario Disability Support Program.	540 Albert St. E Mon.-Fri. 8:30am-4:30pm for eligible Ontario Works recipients
Medical Emergency Assistance Fund (Royal Purple of Canada)	254-2361	Providing financial assistance to help children & adults experiencing a medical emergency.	216 Bay St Call for details.
Community Assistance (Sault Ste. Marie Lions Club)	942-5518	Provides financial assistance to individuals that are in need.	Call for details
Community Outreach Program	541-7327	Provides financial assistance, direct client services, or referrals for emergency situations.	Mon.-Fri. 8:30am-4pm



## NOTES

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## EMERGENCY HOUSING / SHELTERS

Name	Phone	Description of Services	Notes
Algonquin Hotel (Ontario Works Emergency Hostel)	253-2311	Individuals/families in need of overnight emergency accommodation	24hrs. 864 Queen St. East.
Emergency Shelter for Women (Nimkii-Naabkawagan) "Rainbow"	941-9054	A secure 10 bed facility for women 16yrs and up (with/without children) in any crisis.	24 hrs. 236 Frontenac St. Women 16yrs and up.
Pauline's Place (Youth Shelter)	759-4663	An emergency shelter for homeless/high risk youth (16-21yrs).	24hrs. 267 Pim St.
Vincent Place (Men's Homeless Shelter)	253-2770	A secure 24 bed facility for men 18yrs & over in any crisis.	24 hrs. 222 Albert St. East
Women in Crisis (Women's Shelter)	759-1230	A safe, emergency shelter for women (with/without children)	24hrs. 23 Oakland Cres.



## EMERGENCY HOUSING / SHELTERS

Name	Phone	Description of Services	Notes
Personal Disaster Housing and Assistance (The Canadian Red Cross)	759-4547	Families experiencing a personal disaster may receive emergency shelter for up to 72hrs. (natural disasters)	24hrs. 105 Allard St.
Emergency Worker at Ontario Works	759-5266		Mon.- Fri. 8:30am- 4:30pm. 540 Albert St. E.
Community Liaison Worker- United Way of SSM and district	949-6565	Emergency housing Assistance	7A Oxford St.
Calvary Christian Centre	253-4848	Provides meals, shelter, clothing and counseling for individuals in crisis situations.	138 East St.

## NOTES

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## FOOD BANKS & MEAL ASSISTANCE

Name	Phone	Description of Services	Notes
Calvary Christian Centre	253-4848	The centre provides hot and tasty meals prepared daily.  Breakfast \$2.00  Lunch \$3.00  Supper \$4.00	138 East St.
Good Food Box	942-2694 172 James St.	Purchase a Good Food Box filled with fruits/veggies/new recipes.	Mon.-Fri. 10am-4pm \$10 for individuals \$15 for families Delivered to your home 3 <sup>rd</sup> Thursday of the month.
Meals on Wheels	942-2204 ext. 239 254-7903 (answer service)	An inexpensive meal delivery service for seniors/ Mentally/ physically handicapped. Delivered 11:30am-1pm on weekdays.	Mon-Fri. \$20.00 per week FJ Davey Home 860 Great Northern Rd.



## FOOD BANKS & MEAL ASSISTANCE

Name	Phone	Description of Services	Notes
Milk Program (First Baptist Church)	253-8711	Provides milk vouchers along with coffee and baked goods. (first come first served)	Sept.-June Tuesdays Doors open at 9am. 465 Albert St. E.
Milk, Bread, and Fruit Programs (Wanuskewin Resource Centre)	253-9424	Food vouchers for milk, fruit, or bread are given to individuals participating in Community Kitchen Programs.  For Metis & off-reserve aboriginal Families	10am-3pm 1100 Wellington
Salvation Army Community & Family Services Food Bank	759-4143	Provides emergency food to individuals and families in need. Call for appointment.	Appointments are available 10am-12noon and 2pm-4pm. 78 Elgin Open Mon-Fri 9am-4pm





## FOOD BANKS & MEAL ASSISTANCE

Name	Phone	Description of Services	Notes
Vincent Place (St. Vincent De Paul Society)	253-2770  222 Albert St. E.	Provides hot nutritious meals to individuals or families in need.	Food Bank hours:  Mon & Wed 6pm-8:30pm, Sat. 1pm-3:30pm  Soup Kitchen:  Wed. 5pm- 6:30pm Sat 11am- 12:30pm
Soup Kitchen	942-2694	Providing meals to individuals/families in need.	172 James St.  Lunch starts at 11am.
Urban Aboriginal Homeless Program (Indian Friendship Centre)	256-5634	Light Lunch twice a week.	122 East St.  Tues. & Thurs. 12noon-1:30pm.

## NOTES

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## HEALTH CARE RESOURCES

Name	Phone	Description of Services	Notes
Algoma Lifeline	254-3778	24hr monitored emergency response program for individuals that live alone.	\$36-\$42 / month  For seniors, adults, & individuals with disabilities.
Alzheimer Day Away Program (F.J. Davey Home)	942-2204 ext. 228	Community Adult Day Program provides activities for the person with memory loss and relief for their caregivers.	Lunch, snacks and activities (music, baking, sing songs, crafts & bowling)  860 Great Northern  \$15.00 per day  Mon-Fri.  8:30am-4:30pm
ARCH Day Hospice (Algoma Residential Community Hospice)	942-7444	A weekly support gathering for people living with a life threatening illness.	Thursdays  9:00am-3:00pm  Call for admission/assessment.
ARCH caregiver relief	949-1650	Skilled homemakers provide caregiver relief, enabling caregivers to rest, do errands, or take a break.	390 Bay St. Mon-Fri 8:30am-4:30pm Free for eligible clients.

## HEALTH CARE RESOURCES



Name	Phone	Description of Services	Notes
Communication Devices Program (Canadian Hearing Society)	946-4320	Ensures access at home, work, & public buildings by providing access to reliable/effective devices (TTYs/TDDs, visual alert systems, assistive listening devices & TV/telephone devices)	130 Queen St. E Mon-Fri 9:00am-5:00pm Call for details.
Hearing Aids & Devices Services (Canadian Hearing Society)	946-4320	Provides assistance to individuals over 55yrs, their families/ caregivers to assist in learning to use/maintain their hearing aid &/or other device. Batteries, accessories & info are available.	130 Queen St. E. Mon-Wed 9:00am-5:00pm
Hearing Aid Program (Royal Purple of Canada)	254-2361	Provides financial assistance to help children and adults purchase hearing aids.	216 Bay St Mon-Fri 9:00am-5:00pm

## HEALTH CARE RESOURCES



Name	Phone	Description of Services	Notes
Homemaking Services (North East Community Care Access Center)	949-1650	Skilled homemakers provide homemaking assistance to persons who require help with personal care (bathing, dressing, eating, toileting, etc.) at home.	390 Bay St. Call for more details.
Heart and Stroke Foundation Blood Pressure Clinic	253-3775	Volunteer nurses provide free blood pressure screening to the general public.	123 March St.-16 Thursdays (except August) 1-4pm.
In-home Recreation Therapy (Alzheimer Society of SSM)	942-2195	Provides in-home recreation therapy to people affected by dementia/ Alzheimer disease.	633 Albert St. E Mon-Fri 8:30am-4:30pm
Safely Home-Wandering Registry Program (Alzheimer Society of SSM)	942-2195	Information will be included in the RCMP/ National Wandering Registry which is accessible to every police force in the country.	633 Albert St. E Mon-Fri 8:30am-4:30pm \$35.00 one time fee (also covers the cost of an identification bracelet)

## HEALTH CARE RESOURCES



Name	Phone	Description of Services	Notes
Volunteer Visiting Program (Alzheimer Society of SSM)	942-2195	Specially trained volunteers visit clients in their homes 1-2 hours per week to offer socialization/ stimulating activities. This program also provides respite for family caregivers.	Days/hours are variable, please call for more information.  No cost.
Volunteer Visiting & Support (Meals-on-wheels)	942-2204 ext 239	Caring, trained volunteers visit briefly while delivering meals.	Free service included with meal deliveries.  Mon-Fri.

## **NOTES**



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## NATIVE RESOURCES

Name	Phone	Description of Services	Notes
Community Health Access Center N'Mminoeyaa (Indian Friendship Center)	256-8925	A health service providing a Doctor, Nurse Practitioner & Dietitian	122 East St. Mon-Fri 8:30am-4:30pm Call for more information.
Life Long Care (Indian Friendship Center)	256-5634	Provides a variety of social, recreational, & medical services to frail elderly & chronically ill	122 East St. Mon-Fri 8:30am-4:30pm Call for more information.
Furniture and Clothing Depot (Wanuskewin Family Resource Center)	253-9424	Métis & Off-reserve Aboriginal families may request articles that have been donated to the center.	1100 Wellington St. E. 10am-3pm Available as needed. Call for more information.
Nimkii-Naabkawagan (Rainbow) Crisis Counseling and Women's Shelter	1-866-266-1466 Shelter 941-9054	Emotional support & crisis counseling over the phone for men & women in need.  Shelter for women over 16.	365 days a year, 24 hours a day.  Rankin Reserve 236 Frontenac St.

## NATIVE RESOURCES



Patients and families coming from **THUNDER BAY ZONE** (which covers from the Manitoba Border to Manitoulin Island: Thunder Bay office is open Monday-Friday, 8am-4:30pm. Phone Number is: 1-807-343-5310.

- Direct billing processes have been set up with the following hotels in the city: Bay Front Quality, Days Inn, and Great Northern Resort (formerly Best Western).
- Food vouchers will also be set up through the office to be utilized at the hotels with food services. The hotels know what to do with them.
- Should a patient arrive with an escort Fridays after 4pm, they can be directed to any one of these hotels (they will be required to pay for the weekend, but once the office opens at 8am on Monday in Thunder Bay, they will work on authorizing the direct billing with one of our staff contacting them. They will be reimbursed for the cost they have already paid for.

For patients from the **SHOUBENIGONIA OFFICE** (covers from Newpost up through the James Bay, Moose Factory area: Office is called Winnibego Health Authority; phone number is 1-807-737-5801, and fax number 1-807-737-3879.

- Office has an Emergency Worker who comes in to the office on weekends that could also assist with getting things in place quickly. Just call the office and leave a message.
- Direct billing has been set up for a few hotels in our area. Call the Emergency Worker for more details.
- Food vouchers are also available to the family to be used at the hotel that they are staying

If the patient is being transferred from one of these areas, please ask the sending facility if any of the arrangements can be prearranged.

## NOTES

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**TRAVEL/MEDICATIONS/EQUIPMENT  
FINANCIAL ASSISTANCE**



Name	Phone	Description of Services	Notes
Ontario Drug Benefits Program (MOHLTC)	759-8598	Provides financial assistance towards the cost of eligible prescription drugs.	Mon.-Fri. 8:30am-4:30pm. 70 Foster Dr. Cost: up to \$2.00 per prescription.
Trillium Drug Program (MOHLTC)	759-8598	Financial assistance for individuals with high drug costs in relation to their income.	Mon.-Fri. 8:30am-4:30pm. 70 Foster Dr. No cost after annual deductible is paid.
Northern Health Travel Grants (MOHLTC)	759-8598	Financial assistance for transportation costs to travel to long distances for medical treatment.	Mon.-Fri. 8:30am-4:30pm. 199 Larch St. No cost to apply.
Assistive Devices and Home Oxygen Program (MOHLTC)	759-8598	Financial assistance for Ontario residents with physical disabilities so that they can obtain assistive devices.	70 Foster Dr. Mon.-Fri. 8:30am-4:30pm Pays up to 75% of the cost of equipment.



**TRAVEL/MEDICATIONS/EQUIPMENT  
FINANCIAL ASSISTANCE**

<b>Name</b>	<b>Phone</b>	<b>Description of Services</b>	<b>Notes</b>
Assistive Devices Program (Ontario March of Dimes)	949-1945	Assists physically disabled adults (19 and up) in financial need with assistance to buy mobility devices (wheelchairs, walkers) & bath aids (commode, transfer benches).	96 White Oak Dr.  Mon-Fri 8am-4:30pm  Application needed.
Home & Vehicle Modification Program (Ontario March of Dimes)	945-1044	Assists people with disabilities by providing up to \$15,000 in funding to assist them to modify their home or vehicle.	96 White Oak Dr. E.  Mon.-Fri. 8:30am-4:30pm
Equipment Loan (Royal Canadian Legion Branch 25)	945-8721	The Legion will loan equipment such as wheelchairs and walkers to veterans in need.	96 Great Northern Rd.  Mon-Fri 9am-1pm

**TRAVEL/MEDICATIONS/EQUIPMENT  
FINANCIAL ASSISTANCE**



Name	Phone	Description of Services	Notes
Recycled Rental Equipment Program (RREP) Ontario March of Dimes	949-1945	Rents mobility equipment (wheelchairs, walkers, commodes) to individuals needing them for a short term.	96 White Oak Dr. Mon.-Fri. 8:30am-4:30pm Nominal fees.
Incontinence Supplies (Easter Seals Society)	256-6112	Provides grants to eligible children & youth to help pay for diapers, catheters, reusable garments /liners & enema supplies.	369 Queen St. E Mon.-Fri. 8:30am-4:30pm Eligible children with physical disabilities.



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**SAULT AREA  
HOSPITAL**  

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**HÔPITAL DE  
SAULT-SAINTE-MARIE**

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