

# Your Guide To The



The **Behavioural Supports Ontario (BSO)** program provides support for older adults presenting with (or at risk of developing) responsive behaviours, and their care partners. Clients are supported where they reside, wherever that may be.

#### **Our Goals:**

- To assess and develop an individualized plan of care to reduce responsive behaviours, while helping to enable the client to remain at home longer.
- To provide education, recommendations, and support for family and care providers, and to reduce 'compassion fatigue'.
- To connect clients with consulting providers, as appropriate (geriatric psychiatrists, care of the elderly physicians).

#### **Our Team:**

Treatment is provided by a multi-disciplinary team, including registered nurses, care of the elderly physicians, and additional elderly care support services. Access to a geriatric psychiatrist can be arranged through a care provider referral if required.

#### Who We See:

- Older adults presenting with responsive behaviour(s), or
- Adults with age-related disorders that include responsive behaviours

#### What Are Responsive Behaviours?

As a form of communication or as a result of unmet needs, a person may display: change in mood, yelling/cursing, striking out, unexpected sexual expression, or meaningful exit-seeking. When these behaviours are not effectively supported in the current care environment, BSO can help.

# Referrals to the BSO program can be made by calling the central intake office at 1-855-276-6313

All referrals are then triaged and distributed to the most appropriate resource. <u>Please note</u>: BSO is not a crisis service, but we do aim to contact clients within 72 hours of receiving new referrals.

By cultivating a collaborative system of care, your **Behavioural Supports Ontario** team will assist to develop a personalized care plan to help reduce responsive behaviours and improve the quality of life for both client and care givers.

# www.BehaviouralSupportsOntario.ca





### **CONTACT INFORMATION:**

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