

## Algoma District Cancer Program First Visit Checklist

Items to Bring		Check
1.	The state of the s	
2.	All Medication in Original Containers - Prescription Medication - Herbal Medication	
	- Over-the counter Medication	
3.	Personal Information	
	- Your phone number and address	
	- The name and phone number of a family member, in case of emergencies	
	- Health history information (surgeries, hospitalizations, etc.)	
4.	Pharmacy Information	
	- Name and phone number	
5.	Insurance Information	
	- Company policy number or group number	
	- Drug benefit card	
	- NHIB/Veterans Affairs Information	
6.	List of Drug Allergies and Reactions	
7.	Assistive Devices (Glasses, hearing aids, etc.)	
8.	Coins for the Parking Lot Machine	

## **Tips for Your First Visit:**

- Bring a friend or family member for support and to take notes for you as you ask your questions.
- Bring something to pass the time, such as a book or mobile device.
- We recommend bringing a snack with you or some money to buy a snack while you are here, in case you get hungry.
- We recommend bringing a pen/pencil and a small journal to take notes in. That way you
  can keep all of your notes together in one place.

