

SAULT AREA HOSPITAL

PATIENT INFORMATION

Paediatric Day Surgery and Same Day Admissions

Surgery date: _____

**CALL DAY SURGERY AT 705-759-3623 BETWEEN 8:00 A.M. AND 2:00 P.M.
ON _____ FOR YOUR CHILD'S SURGERY TIME.**

Write the surgery time here: _____

Write your arrival time here: _____

Surgery may be cancelled if you arrive late. BRING your child's health card and insurance information if he/she is being admitted to the hospital.

South Entrance – Admitting/Registration [Do not go to ED Triage]

Go straight to 1A – Paediatric Unit

Preparing For Surgery

1. Have your child shower or bathe - remove nail polish, makeup, contact lenses, perfume, lotion and any jewelry, including piercings. Do not shave operative area.
2. Have your child brush his/her teeth - reminding him/her to be careful not to swallow any water.
3. If your child is staying overnight, you may bring them: a housecoat, slippers, toothpaste, toothbrush, soap, shampoo, Kleenex, deodorant and any other necessary toiletries. Please bring your child's suitcase to the unit after surgery. The Paediatric unit is on 1A.
4. Your child must **not** smoke 24 hours before admission.
5. If your child develops any illness or is unable to come for surgery, contact the surgeon immediately. If the illness develops on the day of the surgery, contact Paediatrics at 705-759-3621 at 6 am.

Fasting For Surgery

1. Your child **must fast** (nothing to eat) after midnight the night before surgery.
2. The following fluids are allowed:
 - a. **Children under age 1.**
 - FORMULA up to 6 hours before surgery
 - BREAST MILK up to 4 hours before surgery
 - CLEAR FLUIDS up to 3 hours before surgery
 - b. **Children age 1 and older**
 - Clear fluids up to 3 hours before surgery
3. No candy or gum chewing is allowed.

SAH - PATIENT INFORMATION CONTINUED

ACCEPTABLE CLEAR FLUIDS are: apple juice, ginger ale or water. No more than 1 cup (8 ounces)

Surgery may be cancelled if you do not follow the fasting instructions!

MEDICATIONS

You have been given instructions on how to give your child's medications before surgery. It is important medications be taken exactly as instructed.

If your child is to take medications on the morning of surgery, give them at 6am with a sip of water.

Surgery may be cancelled if these instructions are not followed.

Your child **must not** take the following medications for 7 days before surgery (unless otherwise instructed): Last dose may be taken on: _____

- Advil®, Motrin®, Ibuprofen®, Aleve®
- Aspirin® or Aspirin® products
- Herbal Supplements, Multivitamins, Vitamin E or any vitamins containing Vitamin E
- Non-steroidal anti-inflammatories (NSAIDS)

You may give your child Tylenol® (acetaminophen) if needed.

Remember to Bring:

- All prescribed medications in original containers

AFTER SURGERY

1. A parent or guardian must accompany the child before surgery. If you are not going to be present in the hospital during the procedure, a contact number must be left.
2. Visitor restrictions are in effect. Please limit to 2 people.
3. At the time of discharge you will be given information regarding follow-up care for your child.
4. Discharge time is 11:00 a.m. Please ensure you have transportation available upon discharge.

Please bring this information sheet on the day of your child's surgery.

If you have any questions about your child's surgery, *please* contact the surgeon.

For nursing instructions, please call the **Pre-Admit Clinicat:**

- 705-256-3488
- 705-256-3478
- 705-256-3476

The Pre-Admit Clinic is open Monday to Friday 8-4pm and closed statutory holidays.

ADDITIONAL INSTRUCTIONS:



SAULT AREA
HOSPITAL
HÔPITAL DE
SAULT-SAINTE-MARIE

